

first7

WALK IN PURPOSE

A 7-Day Guide for
Identity in Christ



Walk with God, One day at the time

This guide is a quiet space to remember who
you are in Christ.

You don't need to prove your worth.
You don't need to earn your place.

You are already known.

Come as you are.

ONE STEP IS ENOUGH.

It's easy to feel lost.
To compare.
To question your direction.

But your identity is not found in what you
do.

It is found in who God says you are.

This week is not about striving.
It's about remembering—
and walking in truth.

Each day, take a few quiet minutes.

Read slowly.
Reflect honestly.
Pray simply.

You don't need to have clarity about
everything.

Just stay present.

God will guide you.

Day 1 — Called Here

“Who hath saved us, and called us with an
holy calling...”
– 2 Timothy 1:9 (KJV)

You are not here by accident.

God has called you.

Your life has meaning.

Even if you don't see it yet.

Personal prayer: _____

Reflect

Where do you feel uncertain about your direction?

What would it mean to trust that God has called you?

Prayer

*God, remind me that I am called.
Help me trust where You have placed me.*

Personal prayer: _____

Day 2 — Chosen Child

“But ye are a chosen generation, a royal
priesthood...”
— 1 Peter 2:9 (KJV)

You are chosen.

Not overlooked.
Not forgotten.

You belong to God.

That is your identity.

Personal prayer: _____

Day 3 — Fully Known

“O Lord, thou hast searched me, and known
me.”

— Psalm 139:1 (KJV)

God knows you completely.

Your thoughts.
Your struggles.

Nothing is hidden.

And still—He stays.

Personal prayer: _____

Reflect

What parts of yourself do you try to hide?

What would it mean to be honest before God?

Prayer

*God, thank You for knowing me fully.
Help me come to You as I am.*

Personal prayer: _____

Day 4 — Made New

“Therefore if any man be in Christ, he is a
new creature...”
— 2 Corinthians 5:17 (KJV)

Your past does not define you.

In Christ, you are made new.

You are not who you were.

You are being renewed.

Personal prayer: _____

Reflect

What are you holding onto from your past?

What does it mean to be made new?

Prayer

*God, help me walk in newness.
Remind me I am not my past.*

Personal prayer: _____

Day 5 — Stand Firm

“Stand fast therefore in the liberty
wherewith Christ hath made us free...”
— Galatians 5:1 (KJV)

You have been set free.

Don't return to what once held you.

Stand firm in truth.

You are not bound anymore.

Personal prayer: _____

Day 6 — Walk Boldly

“The righteous are bold as a lion.”
— Proverbs 28:1 (KJV)

You don't need to shrink back.

God is with you.

Walk forward with confidence.

Not in yourself—
but in Him.

Personal prayer: _____

Reflect

Where do you hold back in fear?

What would boldness look like today?

Prayer

*God, give me courage to move forward.
Help me walk boldly with You.*

Personal prayer: _____

Day 7 — Live Free

“If the Son therefore shall make you free,
ye shall be free indeed.”
— John 8:36 (KJV)

Freedom is not something you earn.
It is something you receive.
You are free in Christ.
Live like it.

Personal prayer: _____

Reflect

What does freedom mean to you today?

What is one step you can take in that freedom?

Prayer

God, help me live in the freedom You give.

Teach me to walk in it daily.

Personal prayer: _____

YOU ARE NOT LOST.

YOU ARE NOT FORGOTTEN.

YOU ARE CALLED.

YOU ARE CHOSEN.

WALK IN PURPOSE

One Day at a Time

**GOD IS WITH
YOU.**

first7

**IF THIS GUIDE HAS HELPED YOU,
YOU CAN SUPPORT THE MISSION
SO OTHERS CAN EXPERIENCE THIS TOO.**

first7

first7.org/support